

Leadership Development Certificate Program

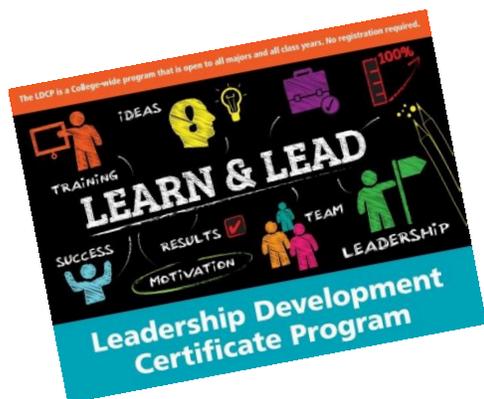
Spring 2019 sessions

Please make sure you sign in (legibly) to every session you attend for credit. To check how many sessions you've attended, please email Jamie and DresherJ@oldwestbury.edu.

10 sessions = Bronze Level Certificate

20 sessions = Silver Level Certificate

30 sessions = Gold Level Certificate



February:

February 27, 2019:

Degree Planning Workshop

2:40pm-3:40pm – NAB 3104

Kaitlin Janes, Academic Advising Center & Sophomore Jump

Description: Learn how your degree audit works and how to track it yourself to ensure you graduate on time!

February 27, 2019:

Journey into the Legal Field

2:40pm-3:40pm - Science Room 100

Theresa Dorcainvil, JD

CSTEP

Description: I will be talking about my journey into the legal field. I will start from when I decided to go to law school, the recommended major and minors for college, the LSAT exam and how it's graded, and law school rankings and the application process. Then I will talk about law school, the structure and the grading curve, the two-day bar exam and entering the legal field. I will be taking questions throughout the presentation and then will open the floor for general questions at the end.

February 27, 2019:

Presentations Workshop

5:30pm-6:30pm - NAB Room 1100 A/B

School of Business Career Services

Registration required at <https://bit.ly/2sg8QOO>

February 28, 2019:

African & Afro-LatinX Solidarity Poetry

2:40pm-3:40pm – NAB 1100

English Department, Center for Student Leadership & Involvement, and Black History Month

Description: This poetry reading is in honor of African and Afro-LatinX by the Old Westbury community where anyone can come and perform their own work or that of a African poet. Co-sponsored with the English Department. LDCP credit and lunch provided!

February 28, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.

Counseling and Psychological Wellness Services

Description: The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.

February 28, 2019:

Black Panther Unpacked

7:00pm-8:30pm – Student Union Multipurpose Room

First Year Experience

Description: Join FYE as we unpack the movie Black Panther.

March:

March 5, 2019:

Exploring Careers for Psychology Majors

2:40pm-3:40pm - Science Room 100

Dr. Laurie Morris, Psychology Department

CSTEP

Description: This workshop will present an overview of the field of psychology, and various career paths and options available today.

March 5, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.

Counseling and Psychological Wellness Services

Description: The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.

March 5, 2019:

Taking Essay Exams

2:40pm-3:40pm - Library L-242

Writing Center

Description: Essay exams are given in many subjects across campus. Join us to explore strategies for studying for and succeeding on essay exams.

March 6, 2019: (Rescheduled from February 12)

Networking Workshop

2:30pm-3:30pm - NAB Room 1100 A/B

School of Business Career Services

Registration required at <https://bit.ly/2sg8QOO>

March 6, 2019:

Taking Essay Exams

2:40pm-3:40pm - Library L-242

Writing Center

Description: *Essay exams are given in many subjects across campus. Join us to explore strategies for studying for and succeeding on essay exams.*

March 7, 2019:

International Women's Day Poetry Open Mic

2:40pm-3:40pm - NAB 1007

Women's Center & English Department

Description: *Please join the Women's Center and the English Department for International Women's Day Poetry Open Mic!*

March 12, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.

Counseling and Psychological Wellness Services

Description: *The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.*

March 13, 2019:

Say Her Name: The Legacy of Marielle Franco, Resistance, and Afro Brazilian Activism

2:40pm-3:40pm - NAB 1117

Dr. Jasmine Mitchell, Assistant Professor of American Studies & Media Studies, Women's History Month

Description: *March marks the one-year anniversary of the assassination of Marielle Franco, a Brazilian politician, who was murdered for speaking out against police violence in Rio de Janeiro.*

March 14, 2019:

Women in Math

2:40pm-3:40pm - NAB 1119

Betty Berbari, Director, Math Lab and Women's History Month

Description: *Please join us for some personal experiences from our very own Old Westbury Women in Math! Come and learn about our unique history and the reality that women weren't even allowed to study math, not too long ago!*

March 25, 2019:

Remembrance of a Massacre El Mozote: Finding the Evidence

1:00pm-2:30pm - NAB 1100

Hispanic & Latino Cultural Center, Alianza Latina, Undocumented Student Alliance, Center for Student Leadership & Involvement

Description: *Join Photo Documentarian, Susan Meiselas, and Forensic Anthropologist, Mercedes Doretti for this discussion.*

March 26, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.
Counseling and Psychological Wellness Services

Description: The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.

March 26, 2019:

Fotokids 28 Years in Guatemala Training At Risk Youth in Creative Media

3:50pm-5:20pm – NAB 1100

Hispanic & Latino Cultural Center

Description: Join Photo Journalist and Founder of Fotokids Guatemala, Nancy McGirr for this discussion.

March 27, 2019:

How to be Human

2:30pm-4:00pm - Student Union MPR

Career Planning & Development, P.A.C.E.

Description: Come learn some skills for social and professional interaction.

March 27, 2019:

All you need to know about the PharmD

2:40pm-3:40pm - Science Room 100

Aya Haghmad, PharmD & OW Alumna

CSTEP

Description:

April:

April 2, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.

Counseling and Psychological Wellness Services

Description: The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.

April 2, 2019: Rescheduled from February 12

Tips for Beating Test Anxiety

2:40-3:40pm - NAB Room 2034

Betty Barbari, Director, Math Redesign Lab

Description: Does sweat roll down your face just thinking about a test? Do you study really hard and then forget everything the day of the test? Come and learn some techniques for beating test anxiety!

April 3, 2019:

Communication: It's Not Just What You Say

2:40pm-3:40pm - Science Room 100

Marcia V. Carter Bsc, DCR(R), R.T.(R), State of Florida Licensed Radiologic Technologist,
Certified Coach and Certified DISC Behavior Analyst
CSTEP

Description: Communicating with others is so much more than just what you say. Being aware of, and improving your listening and non-verbal skills is a key component to being an effective communicator. Learn how to tune into your inner self and enhance your communications skills. Topics discussed are: Effective Communication Skills, Barriers to Effective Communication, Communication in Healthcare and Business.

April 4, 2019:

Get the Rec'

2:40pm-3:40pm – NAB 1113

Kaitlin Janes, Academic Advising Center & Sophomore Jump

Description: Learn how to connect and build professional relationships with your professors. This workshop will include information on how to ask for recommendation letters for graduate school or professional references for employment after graduation.

April 4, 2019:

Research Writing: Using Sources in an Essay

7:15pm-8:45pm - Library L-242

Writing Center

Description: Writing a Research Paper this semester? Want to know more about how to use sources in academic writing? This workshop will help you develop skills for writing college-level research papers. We will practice strategies for narrowing a broad topic to a manageable focus, developing thesis statements, constructing argumentative paragraphs, incorporating source material, and avoiding plagiarism.

April 9, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.

Counseling and Psychological Wellness Services

Description: The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.

April 10, 2019:

Career Readiness Part I – Recommendations from the Recruiter

2:40-3:40pm - Campus Center H-222

Career Planning & Development

Description: Gain tips from a recruiter about things that can make you stand out at the career fair! Guest-speaker - Mae Comerford, Division Director of Robert Half.

April 10, 2019:

Cookies & Commas: A Punctuation Workshop

7:15pm-8:45pm - Library L-242

Writing Center

Description: *Perplexed about punctuation? Confused about commas? Stumped by semi-colons? Join us for a workshop on punctuation. We will review and practice guidelines for punctuating sentences effectively.*

April 16, 2019:

Career Readiness Part II – Final Prepare for the Fair!

2:40-3:40pm - Campus Center H-222

Career Planning & Development

Description: *Career Counselor Marleene Bhan will review how to be best prepared for the spring career fair and other career related events.*

April 16, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.

Counseling and Psychological Wellness Services

Description: *The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.*

April 18, 2019:

Career GPS: Navigating Professional Goals in the Age of Social Media

2:40pm-3:40pm - Science Room 100

Alicia Cheek, PhD, Chief Empowerment Officer, Accelerate Career Services & OW Alumna CSTEP

Description: *How to be a successful young professional in the technological age. We will discuss social media management, networking, and applying for jobs which will lead to a little of resume writing and optimizing resumes for online applications.*

April 18, 2019:

Introduction to APA Style

7:15pm-8:45pm - Library L-242

Writing Center

Description: *This workshop will provide an introduction to in-text citation and reference formatting in APA style. Bring your questions!*

April 23, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.

Counseling and Psychological Wellness Services

Description: *The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.*

April 23, 2019:

Hot Topics in STEM

2:40pm-3:40pm - Science Room 100

Dr. Donna Febres, Medical Scientist, Johnson & Johnson

CSTEP

Description:

April 29, 2019:

Easy Budgeting Tips for College Students

2:40pm-3:40pm - Science Room 100

Randi Nelson, MD, MBA

CSTEP

Description: *The importance of being financially responsible and how this accomplished by using a budget despite current income. We will review and/or construct an actual budget and we will learn how to fine-tune a budget so that it accomplish the financial goals you set for yourself.*

April 30, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.

Counseling and Psychological Wellness Services

Description: *The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.*

May:

May 7, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.

Counseling and Psychological Wellness Services

Description: *The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.*

May 10, 2019:

Collaborative & Proactive Solutions (CPS) Basics

7:00pm-9:00pm - NAB 1103

Christine Keller, MA, MEd, History & Philosophy and First Year Experience

The Children Sangha

Description: *Join us for "CPS Basics Training" with Dr. Monica DeSchryver who has been helping our young people, their families and schools in the use of the Collaborative & Proactive Solutions (CPS) approach to build skills and solve problems affecting learning, relationships, and more. The CPS approach was developed by Dr. Ross W. Greene and first introduced in his book "The Explosive Child" and "Lost at School". SUNY Old Westbury Faculty, Staff and Students welcome! Psychology, Sociology and Education, and Special Education majors can attend to learn more about internship opportunities. Refreshments served. **Please RSVP:** kellerc@oldwestbury.edu*

Past Events:

February:

February 5, 2019:

Celebrating Sean Bell: Discussion with Nicole Bell-Earle

2:40-3:40pm - Campus Center Recital Hall

Black History Month, Center for Student Leadership & Involvement, Black Student Union, Student Government Association/Campus Activities Board, and First Year Experience

Description: Sean Bell was shot in Queens on November 25, 2006 the day before his wedding to Nicole. Three of the five detectives involved in the shooting went to trial for manslaughter and assault and were all found not guilty. He was 23 years old. Join his fiancée, Nicole, to discuss a new documentary about his life and the continuing climate around Black Lives Matter and police brutality.

February 6, 2019:

Resume Writing Workshop

2:30pm-3:30pm - NAB Room 1100 A/B

School of Business Career Services

Registration required at <https://bit.ly/2sg8QOO>

February 7, 2019:

Resume Writing Workshop

5:30pm-6:30pm - NAB Room 1100 A/B

School of Business Career Services

Registration required at <https://bit.ly/2sg8QOO>

February 11, 2019:

Black Actresses and Racial Politics

2:40-3:40pm - NAB Room 1119

Dr. Jasmine Mitchell, Assistant Professor of American Studies & Media Studies, Black History Month

Description:

February 12, 2019:

How to Create a Professional Network

2:40-3:40pm - Campus Center H-222

Career Planning & Development

Description: Social media is an important key to career success. Join us as a recruiter from NRG teaches us how to use LinkedIn and Facebook for effective networking. Get tips on developing an online presence while building professional connections that will help us in reaching our career goals!

February 12, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.

Counseling and Psychological Wellness Services

Description: The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.

February 13, 2019:

Q&A on Graduation Requirements

2:40pm-3:40pm - Science Room 100

William Polaski, Registrar's Office

CSTEP

Description: IT'S NEVER TOO EARLY TO START THINKING ABOUT GRADUATION! Do you know what is required? Do you have enough credits? Do you know when to apply? Attend this workshop for answers to these questions and others that you may have.

February 13, 2019:

Networking Workshop

5:30pm-6:30pm - NAB Room 1100 A/B

School of Business Career Services

Registration required at <https://bit.ly/2sg8QOO>

February 13, 2019:

Research Writing: Using Sources in an Essay

7:15pm-8:45pm - Library L-242

Writing Center

Description: Writing a Research Paper this semester? Want to know more about how to use sources in academic writing? This workshop will help you develop skills for writing college-level research papers. We will practice strategies for narrowing a broad topic to a manageable focus, developing thesis statements, constructing argumentative paragraphs, incorporating source material, and avoiding plagiarism.

February 14, 2019:

Frederick Douglass: Legacies

5:30pm-7:00pm - New Academic Building Room 1100 A/B

Jermaine Archer, Ph. D., Associate Professor and Chair, American Studies/Media & Communications Department, Masters in Liberal Studies Program and the Center for Student Leadership & Involvement/Black History Month

Description: The tradition of African-American autobiography began with ex-slaves who wrote their life stories with the purpose of ending slavery. Frederick Douglass became the most famous author and reformer to write within this early genre, publishing three versions of his narrative. Douglass also strategically became the most common photographed subject of nineteenth century portraits. This presentation seeks to examine how Douglass' effort to shape visual narratives as the most popular photographed subject of this era is linked to the cultural and political ideas covered at length in Life and Times of Frederick Douglass.

February 19, 2019:

Dream Interpretation Workshop

2:40pm-3:40pm - Student Union Lower Level Room 108

Oren Shefet, Ph.D.

Counseling and Psychological Wellness Services

Description: The Dream Interpretation workshop will offer interactive hands-on experience of dream interpretation. Students are encouraged to provide dreams which they want to interpret. Students can receive credit for up to 5 Dream Interpretation Workshops within the LDCP.

February 19, 2019:

Interviewing Workshop

5:30pm-6:30pm - NAB Room 1100 A/B

School of Business Career Services

Registration required at <https://bit.ly/2sg8QOO>

February 20, 2019:

Interviewing Workshop

2:30pm-3:30pm - NAB Room 1100 A/B

School of Business Career Services

Registration required at <https://bit.ly/2sg8QOO>

February 21, 2019:

Interfaith Panel

2:40pm-4:00pm - Campus Center Recital Hall

Division of Student Affairs, The Honors College, School of Arts and Sciences, First Year Experience, Center for Student Leadership & Involvement, and Hillel Club

Description: The mission of the Multifaith Forum is to promote understanding about world religions through informative discussion that leads to the appreciation of and respect for all faiths and systems of belief. Join us as we host leaders from numerous religions for a discussion.

February 21, 2019:

Peers to Careers

2:40pm-3:40pm – Campus Center H222

Career Planning & Development

Description: Thinking about seeking an internship or volunteer position? Hear from your own peers who have completed an internship/volunteer experience. They'll share the benefits and how it helped shape their own career development.

February 21, 2019:

Black Career Panel

6:00pm-8:00pm - Student Union Multipurpose Room B

Center for Student Leadership & Involvement, Career Planning & Development, and Black History Month

Description: Join us as we talk to a panel of young professionals about their career path.

February 21, 2019:

Cookies & Commas: A Punctuation Workshop

7:15pm-8:45pm - Library L-242

Writing Center

Description: *Perplexed about punctuation? Confused about commas? Stumped by semi-colons? Join us for a workshop on punctuation. We will review and practice guidelines for punctuating sentences effectively.*

February 22, 2019:

Martin Luther King Jr. Day of Service

12:00pm-2:00pm - Student Union Multipurpose Rooms

Center for Student Leadership & Involvement/Black History Month

Description: *Please join CSLI for an afternoon of community service as we make blankets for ill and traumatized children for Project Linus. Lunch will be provided for all participants and you can receive hours towards community service.*

February 26, 2019:

Presentations Workshop

2:30pm-3:30pm - NAB Room 1100 A/B

School of Business Career Services

Registration required at <https://bit.ly/2sg8QOO>