

MARCH 2023

RESIDENTIAL LIFE

NEWSLETTER

Select Your Room for Fall 23 - Spring 24

The Room Selection Process is underway! Current students should complete the Housing Application for the 2023 - 2024 academic year and submit the room deposit by March 14 in order to qualify for room selection.

Step-by-step instructions to participate in this process are listed on the Office of Residential Life webpage.



ROOM SELECTION ONLINE



CHOOSE YOUR ROOM FOR
FALL 2023 - SPRING 2024

Mark Your Calendars!
23-24 Room Selection Dates

Tues., 3/14/23	Thurs., 3/21/23	Mon., 4/3 - Tues., 4/4/23	Fri., 4/7/23
23-24 Deposit & Room Selection Application Due	Qualification Emails Will Be Sent Out	Room Selection With a Roommate	Room Selection Without a Roommate

SAFETY REMINDERS

Help us keep the residence halls safe for everyone in our on-campus community. Please keep in mind the following policies and guidance:

- All guests must be checked in with the RA Office in your community. Photo ID is required for guests to enter the building, and they must be accompanied by the resident they are visiting.
- Smoking of any kind is prohibited in the residence halls which includes student rooms, bathrooms, and other common areas. Tobacco use is prohibited on campus except in designated areas. Cannabis use and/or possession is prohibited on campus, as required by federal law under the Drug-Free Schools and Communities Act.
- Firearms, knives, and other weapons are prohibited on campus and in the residence halls. This includes recreational weapons, such as airsoft guns, paintball guns, and gel blaster guns.
- Please do not prop exterior doors to the residence halls. This puts building security at risk and creates an entryway for pests and vermin. Students will be sanctioned under the Code of Conduct if found responsible for propping doors or otherwise tampering with door locks.
- Smoke detectors may not be covered or otherwise tampered with. Tampering with fire safety equipment is a violation of the Code of Conduct and endangers the lives of all community members.

Please help us maintain the safety of our residence halls by communicating with our staff when safety concerns arise.

Woodlands 3 RA On-duty: 516-736-2293

Woodlands 4 RA On-duty: 516-736-2292

Woodlands 5 RA On-duty: 516-736-2317

Academic Village RA On-duty: 516-736-2315

In cases of immediate emergencies, please call University Police at 516-876-3333.

The Office of Residential Life is moving

Our office is moving to the Dean of Students suite on the third floor of the Student Union in mid-March.

Students may experience a delay in response times as we transition into our new space, but we are working to make this transition as smooth as possible. Please pardon our office's appearance as we pack and settle into our new space. We will share reminders on our Instagram @OWreslife and via email as progress through this change.



2023
Student Research Day
Tuesday, April 18th

Apply here!



Rights and Responsibilities

Applications due Tuesday, March 14th

Questions? Please contact Betty Barbari barbarib@oldwestbury.edu

Spring Break is Approaching!

Spring Break is almost here. There will be no classes from Saturday, March 18 until Friday, March 24. Students residing on campus are not required to leave, but the dining hall will close after brunch on Friday, March 17, and will not reopen until Sunday, March 26 for dinner. FRIDAY, 3/17.

Spring Break Hours:
MONDAY, 3/20 – FRIDAY, 3/24
Atrium Café: 8:30AM – 3:00PM
SUNDAY, 3/26
Food Hall: 3:00PM – 8:00PM
The Halal Shack: 8:30PM – 1:00AM

IMPORTANT DATES

Happening Now:

Housing applications and deposits are being accepted for the Room Selection Process.

Wednesday, 3/8 - Tuesday, 3/14:
Midterms Week

Tuesday, 3/14:
Housing applications and deposits are due for current students to qualify for Room Selection.

Saturday, 3/18 - Friday, 3/24:
Spring Break

Monday, 3/27:
Course registration for Fall 2023 opens online for Seniors

Thursday, 3/30:
Course registration for Fall 2023 opens online for Juniors

Friday, 3/31:
Mock Interview Day

Monday, 4/3 & Tuesday, 4/4:
Room Selection with a matched roommate for qualified students

Friday, 4/7:
Room selection without a pre-matched roommate for qualified students

FREE Yoga Classes—February and March

@ The Clark Athletic Center yoga/dance rooms.
-Free to all students, staff, and faculty
-All abilities welcome

Tuesday, February 28
2:45pm—3:45pm

Jessica Curran
SUNY Old Westbury
Interim Director, Honors College

Wednesday, March 8
7:00pm—8:00pm

Kaitlyn Pawlukojc
Professional Yoga
Instructor

Reserve your spot by emailing bickards@oldwestbury.edu



FREE fitness/strength training with Old Westbury students on Tuesday, March 7!

Elijah Milien '24, Residential Advisor

Tuesday, March 7 / 3:00pm—4:00pm

Location: Clark Athletic Center Fitness Room (room with treadmills)
Description: You'll be introduced to all the machines, shown how to develop good workout habits, and finish with some cardio.

Christian Morgan '26, Residential Advisor

Tuesday, March 7 / 5:00pm—6:00pm

Location: Clark Athletic Center Strength Room
Description: You'll go through a chest and arms circuit, performing two chest exercises and two arm exercises.

Reserve your spot by emailing bickards@oldwestbury.edu

HOURS OF OPERATION SPRING 2023

	MONDAY - THURSDAY	FRIDAY	SATURDAY	SUNDAY
CAMPUS CENTER				
ATRIUM CAFE	8:00AM - 6:00PM	8:00AM - 2:00PM	CLOSED	CLOSED
FOOD HALL	8:00AM - 8:00PM	8:00AM - 8:00PM	10:30AM - 8:00PM	10:30AM - 8:00PM
STUDENT UNION LATE NIGHT MOBILE ORDERING & PICKUP ONLY BOOST				
MARKET	10:00AM - 5:00PM	CLOSED	CLOSED	CLOSED
THE HALAL SHACK	11:00AM - 8:00PM	11:00AM - 4:00PM	CLOSED	CLOSED
THE HALAL SHACK LATE NIGHT	8:30PM - 1:00AM	CLOSED	CLOSED	8:30PM - 1:00AM
ACADEMIC BUILDING				
PAPER LANTERN	11:00AM - 6:00 PM	CLOSED	CLOSED	CLOSED

2023 Spring Semester SUNY Old Westbury Intramural Sports Daily Schedule

- On campus (mostly) student sports leagues
- Leagues meet once per week
- Meet new people / We will find you a team
- Competitive and fun!

Spring, 3/6-5/5

Mondays: Badminton League in the Student Union MPRs, 2:30-4:00 / 6:00-8:00.

Tuesdays: Flag Football League at Woodlands Hall 1 Field, 2:45-5:00 / Ultimate Frisbee pick up 5:00-6:00.

Wednesdays: Soccer League at Woodlands Hall 1 Field 2:45-4:30 / Flag Football League 5:00—6:00.

Thursdays: Volleyball League at Woodlands Grass, 2:45-4:00 / Tennis League 4:30-7:00. (Lessons for beginners can be scheduled throughout the week.)

Fridays: Basketball League at the outdoor courts / LI Sports Hub. 12:00—4:00

Sign up by emailing Scott Bickard, bickards@oldwestbury.edu.



Interested in being a Title IX Hearing Board Member?

Calling all students,
faculty and staff!



Being a Title IX Board Member entails:

- Serving as a member of the Hearing Board for Title IX hearings.
- Being part of the decision-making process for important Title IX matters.
- Offering feedback on the Title IX process.

Email TIX@oldwestbury.edu
or scan this QR code for
more information.

Title IX College Conduct Hearing
Board Member Interest Form



NEED SOMEONE TO
TALK TO? GIVE US A
HOOT

Old Westbury Warm-Line (OWWL)

Friendly OW students
available to offer non-
crisis, confidential peer
support and help
navigating life as an
OW student

**ZOOM HOURS FOR
SPRING 2023**
(excluding holidays):
WEDNESDAYS: 5-6PM
THURSDAYS: 3-4PM
FRIDAYS: 3-4PM

Meeting ID: 899 1825 1487
Passcode: 106425
Dial in: +1(719)359-4580

OWWL has a trained team of OW students who
are ready and willing to offer a listening ear.
Whether you just want to vent or you need
resources, we're here for YOU.



**Spring Career Fair
Save-the-Date**



Wednesday, April 12th

Student Union MPRs, 2:00 - 4:00 pm

Register for this event on Handshake and check periodically for a list of Employers!



www.owh.com

Career Closet
Student Union 301



Scan QR code to visit Handshake and schedule an appointment to visit the closet. Students and alumni can shop the closet to select one professional outfit to keep per semester.



CONTACT: MARINANJ@OLDWESTBURY.EDU
FOR MORE INFORMATION

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Wednesday, March 1
2:45pm—3:45pm
Punjabi Club
Bhangra Lessons and Workout

Monday, March 13
3:00pm—4:00pm
Professor Fatima Logan-Alston and ATRM
A fusion of traditional and contemporary West African dance.

FREE March Fitness Dance Classes
At the Clark Athletic Center Dance and Yoga Rooms
Reserve your spot by emailing bickards@oldwestbury.edu

Wednesday, March 15
AND
Wednesday, March 29
5:30pm—6:30pm
Matt Smith, Professional Zumba Instructor
Zumba class!

Tuesday, March 28
2:45pm—3:30pm
Melanie Sena, class of 2024
Jazz and Acro dance lessons and workout



Clark Athletic Center
Swimming Pool
Spring Semester Hours

Tuesday: 2:30—5:00
Wednesday: 2:30—4:00
Thursday: 4:30—7:00
Friday: 11:00—2:00

Want to learn how to swim? Improve your strokes?
Train with our lifeguards!

Water polo, volleyball, and other water sports?
Swim races?
Join intramural water sports!

Contract bickards@oldwestbury.edu for more information



Suny Old Westbury Spring Semester




HIKING
Club

Meeting point
Clark Center

Trail run/walks schedule
Thursday, February 16 @ 2:45: Horse Trails
Thursday, February 23 @ 2:45: Golf Course Trails
Wednesday, March 1 @ 2:45: Trail to LIU
Wednesday, March 8 @ 2:45: Hawk Trail
Friday, March 31: Cold Spring Harbor to Syosset
Friday, April 21: Sunken Meadow State Park

Contact us
bickards@oldwestbury.edu

 Follow us on IG @OWreslife
to keep up with our office!