

# Sophomore Jump Events & Workshops

## Spring 2024



Sophomore



### The Math in Baking

Feb, 14th 1:30pm

NAB 2034

In-Person

Make & Take!

Limited Seats! RSVP to [berbarib@oldwestbury.edu](mailto:berbarib@oldwestbury.edu)

### Micro-Internship Info Session

Learn about micro-internship opportunities through Parker Dewey to launch your career!

Feb. 15th 2pm, Zoom  
Register online [HERE](#).

### Lunar New Year Celebration

Join the fun to celebrate Lunar New Year. Professional performances, Lion Dance, Martial Arts, Opera Face Painting, Lantern Crafting, Holiday Treats & more!

Feb, 21st 1pm-3pm  
CC Atrium

### “Day in the Life” Employer Visit at Cox Media Group

Join us for an employer site visit with the Cox Media Group. See them in action and meet with professionals in Media, Marketing, and Radio Broadcasting.

Friday, April 5th  
RSVP required by March 22nd  
Email: [Janesk@oldwestbury.edu](mailto:Janesk@oldwestbury.edu)

### Degree Planning Workshops

1. Tues, March 12th, 1:30pm in CC H220
2. Wed, April 24th, 1:30pm in CC H220

Students are encouraged to bring a laptop or tablet to access their Degree Audit for the workshop.

### Career Prep Series

- Resume Writing 101, Feb. 29th 1:30pm in NAB 1107
- LinkedIn Basics, March 7th, 1:30pm via Zoom. Click [HERE](#).
- Intro to Networking, March 14th, 1:30pm in NAB 1107
- Networking Practice, March 28th, 1:30pm in NAB 1107
- **Mock Interview Day, April 19th, 11am- 12:30pm, SU Panther's Pad.**

### Peer Mentor Hours

M/W: 11am - 2:30pm  
T: 1pm-3pm  
Th: 12pm to 3pm

Get help with resume review, degree planning, registration help and more. Walk-in to the Sophomore Jump office in CC H202.

### FLOW Fair

Learn financial life skills through workshops on budgeting, planning & saving, banking and more.

March 26th  
9am to 4pm  
Student Union MPR

All students are welcome! Questions? Email: [janesk@oldwestbury.edu](mailto:janesk@oldwestbury.edu)